

Ayre Manor Newsletter



2023

May birthdays:

Bev D. -May 3rd (AL)

Grace. S- May 11th (CC)

Melanie. H - May 11th (CC)

Eileen. H - May 14th (AL)

June H. -May 19th (AL)

Marion. S- May 28th (CC)



Important dates this month:

Cinco de Mayo- May 5th

Mother's Day- May 14th

Victoria Day- May 29th

Nurse appreciation week

May 8th-16th

Events at Ayre

Manor in May:

-Natalie and Hayley will be doing the “walk a mile a day in May’ to raise money for Alzheimer’s

-Mother’s Day Tea Thursday May 11th followed by Bingo



May entertainment:

May 1st - Music with Brian Money at 1:30

May 4th - Music with Jean Bedard at 2:00

May 9th - Music with Patrick at 2:00

May 10th - Music with Steve Bolger at 2:00

May 16th - Music with Joan Songhurst at
1:30

May 23rd - Music with Steve Peabody at
1:30

May 24th Music with The Encores at 2:00

May 30th - Music with Michael Majocha at
1:30

Hayley and Natalie are raising money for Alzheimer's research by hosting a "walk a mile a day in May" event. As per last year we walked four times around the building each day rain or shine. If you would like to donate to this organization please feel free to reach out to either one of us for more information

We are inviting anyone who would like to challenge themselves and walk alongside us. We encourage everyone to walk one lap around the building at least once a week.

Hayley will be attending the IG wealth management walk for Alzheimer's in Victoria on Sunday May 28th 2023. All the money raised will be donated to this organization.



Alzheimer's disease is the most common form of dementia. Alzheimer's disease causes symptoms of dementia such as memory loss, difficulty performing daily activities, and changes in judgement, reasoning behaviour, and emotions. Those dementia symptoms are irreversible, which means that any loss of abilities cannot come back. There is currently no cure for Alzheimer's disease, or is there a treatment that will stop its progression. Over the years, many myths have evolved about what Alzheimer's Disease is, who gets it and how it affects people who have it. These myths can add to the stigma attached to the disease and stand in the way of our ability to understand and help people with it. The Alzheimer society uses the forget me not flower as a symbol to represent memory loss, one of the symptoms of Alzheimer's disease. The Forget me not is also a reminder to remember people with Alzheimer's disease and other dementias, as well as their caregivers.

